

GIRL SCOUT SAFETY DAY

What: Girl Scout Safety Day for Girls K-12, sponsored by Troop 29424, approved by GSGATL

When: Saturday, January 30, 2016, 10am-12noon & 1:30pm - 3:30pm

Where: Northlake area location TBA

Cost: \$22 per scout- includes patch, no charge for parents, online registration

How: Register and pay online at <u>http://www.revvedupkids.org/</u>, preferably by troop, click on class calendar page (Registration is not yet active.)

Contact: Revved Up Kids, Inc.: <u>http://www.revvedupkids.org/</u>, ph. 678-526-3335 for content-related questions. For scout-related questions, contact Catherine Conte: <u>catherine@conte.us</u>.

Girl Scout Safety Day for K – 5th Grade 10am – noon

This event teaches children in K – 5th grade how to recognize dangerous people, avoid unsafe situations and escape an attack. The workshop will include self-defense skills training and full force practice of simple techniques that the girls can use to injure and escape an attacker, along with training in good daily safety habits that will make participants less likely targets for violence.

For more details and FAQ, visit the Safety Day Page: <u>http://www.revvedupkids.org/elementary/</u>, click on Safety Day tab.

**The event will include a discussion of the types of violence perpetrated by a predator. There will be no details about molestation or sexual abuse. Please call us if you have any questions, 678.526.3335

Girl Scout Safety Day for Middle & High School 1:30pm – 3:30pm

*Before registering for Safety Day, please read the "NOTE ABOUT CONTENT FOR PRE-TEENS" at the bottom of this page.

Teen girls are targeted for violence by strangers more than any other age group, and they also face a high risk of violence from acquaintances and dating partners. This workshop will help middle and high school girls understand these dangers, and give them techniques for staying safer. The workshop will also include selfdefense skills training and full force practice of simple techniques that can be used to injure and escape an attacker who is much larger and stronger.

For more details and FAQ, visit the Safety Day Page: <u>http://www.revvedupkids.org/middle-school/</u> (not co-ed)

***CONTENT NOTE FOR PRE-TEENS:** It will be assumed that any girl attending this event will have basic knowledge of the subject matter to be discussed. Pre-teens who have not been introduced to the concepts of sex, sexuality and sexual violence/rape should not attend this workshop, but they would benefit from attending the Elementary Safety Day Workshop. Please call us if you have any questions, 678.526.3335.

