

# Variety

APRIL 2008

## **Save the Date!**

*Go to the Council website for event details*

### **April**

- April 7-11 Painting with the Masters Camp
- April 8 I'm a Lady
- April 12 Visual Art's Badge Sketchy's
- April 12 Program Aide N. Fulton/Gwinnett
- April 12 Mission to Robotics Extreme
- April 18-20 Brownie Blast
- April 19 Food, Fibers, and Farming Badge
- April 19 GS Health & Fitness Walk
- April 25-26 Mall Mania
- April 26 Outdoor Sports Day CMW
- April 26 Safety Sense Try-It Imagine It!  
Children's Museum
- April 27 Orange Petal Imagine It!  
Children's Museum

### **May**

- May 3 Art in 3-D
- May 4 Blue Ridge Scenic Railway
- May 10 Leader/Daughter Day at Camp
- May 10 Juliette's Road Trip to Savannah
- May 10 Brownie Try-It Bonanza
- May 17 Civil War Extravaganza

### **June**

- June 1 GS Day at Stone Mountain Park
- June 7 Water Safety Day at White Water
- June 21 Silver/Gold Award N. Fulton
- June 26-27 Law and Order



## **Girl Scout Council of Northwest Georgia, Inc.**

Volunteer Service Center, Atlanta  
1577 Northeast Expressway, Atlanta, GA 30329  
(404) 527-7500 or (800) 771-4046  
Fax: (404) 527-7508  
[www.girlscoutsnwgga.org](http://www.girlscoutsnwgga.org)

## **Global Citizens Corps: Girl Leader Applications**

**Global Citizen Corps** is a national network of youth who think and act globally, have the passion to build a better world, and are committed to ending global poverty. **Global Citizen Corps Leaders** join a year-long program and organize Global Action Days in their schools and communities around the issues of HIV/AIDS, hunger, climate change, and access to education. Using Mercy Corps' tools, training, and resources, leaders carry out these Global Action Days to educate and inspire their classmates to speak out in the media, raise money, and lobby elected officials. Leaders also serve as mentors for the rest of the Global Citizen Corps members.

Please encourage girls to apply today at  
<http://www.globalcitizencorps.org/>

**Deadline: April 15, 2008**

For more information contact Karen Scheuerer (212) 852-6567 or email: [kscheuerer@girlscouts.org](mailto:kscheuerer@girlscouts.org)

**Mission Statement:** Girl Scouting builds girls of courage, confidence and character, who make the world a better place!

## **Girl Scout Overnight at Mountasia Family Fun Center and Games for Life Interest Project – NEW**

Join fellow Girl Scouts in a night full of fun, games and excitement. You will have exclusive access to the all of the park activities. Enjoy unlimited miniature golf, go-carts, bumper boats and 100 tokens for video games. Throughout the night, girls will also participate in activities toward earning their Games for Life Interest Project Patch. This is an exclusive Girl Scout event.

**Accounting code:** 617/individual or troop

**Program level/age:** Girls 11-17

**Date:** May 16, 2008

**Time:** 10 p.m.-8:30 a.m.

**Location:** Mountasia Family Fun Center, Marietta

**Fee:** \$25 per girl, \$5 per adult (includes admission, miniature golf, go-carts, bumper boats, 100 tokens for video games, pizza, soda and continental breakfast)

**Registration:** Begins March 28, ends May 2; send payment with registration

**Participants:** Min. 50/max. 150

**Adult training required:** First aid/CPR

**Contact:** Tiffany Tolbert at PSMetro1@girlscoutsnwga.org or (678) 420-2696

## **Terrific Thursdays = Community Service Bar!**

Come to the Girl Scout Resource Center in Atlanta this July to complete the four hours of training you need to start work on the Community Service Bar for Contributions to Girl Scouting (Green.) Choose any two sessions (or all three if you like!) to complete the required training. Each week you'll use "Treasure Boxes" (activity kits) from the Resource Center to learn activities to teach to younger Girl Scouts. When you complete your training you'll be eligible to check out the boxes to use when you give service. The weekly themes are:

July 10: Just Naturally Fun (nature fun and discovery)

July 17: The Science of... (hands-on science experiments)

July 23: Around the World (Guides and Girl Scouts in other countries.)

### Girl Scout Scientists at Georgia Tech

Come join us as we team up with the Georgia Institute of Technology chapter of the Society of Women Engineers for a Making it Matter Badge Workshop! Girls will work with Georgia Tech students to make Silly Putty, build a tower out of toothpicks and gumdrops, and do various other science activities. Girls will also hear a guest speaker talk about women and the engineering field. Lunch and badges will be provided at the event.

**Accounting code:** 620/troop

**Program level/age:** Junior Girl Scouts

**Date:** April 19, 2008

**Time:** 9a.m.-3 p.m.

**Location:** Georgia Institute of Technology, Atlanta

**Fee:** \$5 per girl; send payment with registration

**Registration:** Ends April 4, 2008

**Participants:** Min. 50/max. 100

**Adult training required:** First aid/CPR

**Contact:** Shilpa Reddy at PSGirlsGoTech@girlscoutsnwga.org or (678) 420-6844

For more information on workshops and events, or for help with your Girl Scout Program questions, please call Jeanne Andres at 404-527-7449 or e-mail her at [jandres@girlscoutsnwga.org](mailto:jandres@girlscoutsnwga.org). *Variety* is a program newsletter for the DeKalb, Clayton, Newton, Rockdale, South Fulton, and Douglas Counties (Metro 3 Region)



**Event title: On the Road: The Savvy Girl's Guide to Cars**

**Event Description:** Attention Girl Scouts 14-17! Are you ready to put your car On the Road? Do you know the difference between MPG (miles per gallon) and STP (Standard Tire Pressure)? Well before you get behind wheel of your car and zoom to the Mall join fellow Girl Scouts as they learn tips to become safe, responsible drivers. At this workshop you will

- Learn how to obtain a Georgia Drivers License
- Talk with local professionals car care tips, such as how to change a tire and check for correct tire pressure;
- Actually check car fluids and learn the importance of good car maintenance
- Discover the difference of owning vs.. leasing a vehicle
- Create a car budget including a car note, insurance and maintenance costs and much, much more!

Accounting code: 617/individual or troop

Program level/age: Ages 14 – 17

Date: Sunday, May 4, 2008

Time: 3-7 pm

Location: Cartersville, GA

Fee: \$5/Girl Scouts & \$15/non-registered girls (fee includes workshop and healthy snack)

Registration: March 28 – April 25; send payment with registration

Participation: Min. 25/Max. 90

Adult training required: Not required

Contact: Tiffany Tolbert at [PSMetro1@girlscoutsnwga.org](mailto:PSMetro1@girlscoutsnwga.org) or (678) 420-2696

## Health News Break!

### Growing Girls

**April is Bone Health Month.** Give yourself a leg up for life and start out right with proper nutrition and exercise. Childhood and early teen years are the peak time for “bone-making.” Girl’s bodies should grow consistently during this time. Keeping on track can be simply, just follow our top two health tips to make sure all your moves stay steady and strong.

- 1) Calcium is Key! Bones cannot grow correctly without calcium. This nutrient also helps your brain and nerves “talk” to each other. Girls ages 9 - 18 should get 1300 milligrams of calcium per day. You can find calcium in yogurt, cheese, milk, broccoli, almonds and of course...ice cream!
- 2) Weight bearing exercise keeps bones alive! All girls should make sure to participate in activities that allow your body to work against gravity. This causes your legs and feet to carry your weight and creates new bone tissue. Enjoy brisk walking, playing tennis, hopscotch and basketball. Have fun and stay strong!

**To discover more exercise ideas and learn about specific calcium amounts in various food portions, go to: [www.4girls.gov/nutrition/eatingwell.htm](http://www.4girls.gov/nutrition/eatingwell.htm) Presented by DeKalb Medical Center.**

On Friday, May 30, 2008, Deloitte Consulting will have a Girl Scout Career Event hosted by its Women's Initiative group in its downtown Atlanta office! This career event will allow Junior Girl Scouts to earn the Careers badge and part of the Business Wise badge while interacting with local businesswomen. Registration begins at 9:45am and the session will begin promptly at 10am and run until 2 pm. Lunch will be provided.

When: May 30, 2008, 9:45am - 2:00pm

Where: 285 Peachtree Center Ave, Atlanta, GA 30303 (20th floor of Marriott Marquis Two Tower)

Cost: \$3

Contact: Terry Otto at [totto@girlscoutsnwga.org](mailto:totto@girlscoutsnwga.org) or (404) 527-7448

## Do you like to perform?

The Girl Scout Council of Northwest Georgia is always seeking girls who like to participate in community performances. We often are asked to have girls perform the National Anthem, participate in a color guard, or act as the guest announcer for various sporting events. If you or girls from your troop are interested please forward an audition via CD, DVD, or VHS to:

ATTN: Jeanne Andres  
1577 Northeast Expressway  
Atlanta, GA 30329

If you have any questions please feel free to contact Jeanne Andres at [jandres@girlscoutsnwga.org](mailto:jandres@girlscoutsnwga.org) or 404-527-7449.