



you could help feed the hungry!

Three Leaves Service Unit

2009 Community Service Project

3 ways you can help

**Food & Personal Care Donations
January through April, 2009**

These are the worst months for our Food Banks and Shelters and this coming year is projected to be the worst in recent memory. With foreclosed homes, laid off workers and displaced families the need is greater than EVER. Please consider collecting and bringing canned and dry food donations to the next four Service Unit Meetings. Your donations will be delivered to the Food Banks and Shelters listed on the next page under "Gift of Caring".

- Do an after the holiday/beginning of the year family pantry clean-out.
- Pass out fliers to your neighbors, family and friend asking them for donations of food and/or personal care items.
 - Canned chicken, fish, meat, vegetables, fruit, sauce and soups
 - Peanut butter, jelly, mac & cheese, noodles, cereal, instant potatoes, pancake mix, meals on the go, individual meals
 - Laundry Detergent, bleach, body soap, shampoo, hair conditioner, deodorant, tooth paste, tooth brushes (travel sizes from hotels are great too!!)
- Do a donation challenge and see how much each family can purchase or donate using only \$25.

Before bringing your troop's donations to the Service Unit meeting check products and discard those with expired dates.

Bring your troop donations to the Service Unit meeting held the second Monday night of every month at Embury Hills Methodist Church. You may drop-off your donations from 6:30 pm until 7:00 pm before the Service Unit meeting to a volunteer's car in the parking lot (no hauling in and out of the meeting).



If your Troop wants to help coordinate this project or you have other comments please email our current contacts Cheri DeBoer-Stinson at cheri@3leaves.org or Barbara Osment at sud@3leaves.org

Gift of Caring

If your girls choose, your Troop can use this project for your **Cookie Sales Gift of Caring**. Cookies purchased as a Gift of Caring would be donated to the:

- Decatur Cooperative Ministry which sponsors a food pantry, an emergency night shelter for homeless women and children and much more.
- Quinn House has a food kitchen, pantry and provides shelter for homeless families. Girl Scout Cookies are a wonderful, unexpected addition to the food they serve.

Cookie boxes purchased as part of Gift of Caring may be dropped-off Monday, March 9th, and Monday, April 13th, from 6:30 pm until 7:00 pm before the Service Unit meeting at Embury Hills Methodist Church. A volunteer will take the donations in the parking lot (no hauling in and out of the meeting).



Perhaps your girls will want to “step-up” and donate food and resources using some of your Cookie Sales money.

The **Decatur Cooperative Ministry** has a variety of needs:

1. A list of the most needed items are listed on the first page
2. Troops that deliver items can take a tour of Hagar’s House, and emergency night shelter for homeless women with children and if applicable the food pantry.
3. Older girls are needed for child care between 7:00 pm and 8:30 pm on Thursday evenings and 9:00 am until noon on Saturday mornings.
4. Girls can give assistance with homework most evenings from 5:00 pm until 6:30 pm.
 - a. Everyone working with the Decatur Cooperative Ministry, including teenagers go through a back-ground check, and an hour orientation, which includes a tour of the facility
5. To find out more go to <http://www.decaturoperativeministry.org> or to see how your troop can volunteer call Sue Holec at (404) 377-5365.

The Quinn House has a food kitchen, pantry and several houses for homeless families. Girl Scout Cookies are a wonderful, unexpected addition to the food they serve. Check out their web-site to see all of the items they need including fresh meat and produce for their kitchen: <http://www.thequinnhouse.com>

Southeast Gwinnett Cooperative Ministry: <http://segwinnettcoop.org>

Norcross Cooperative Ministry has many individual and group volunteer opportunities as well as need for food pantry items: <http://www.norcrossco-op.org>

To help your girls have the most fulfilling experience possible we suggest that your Troop participate in the Distribution of the Food and other collected items.

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